



FAMILY SUPPORT AND CRISIS SERVICES

As a parent you may get stressed, tired or lonely. Or you may be dealing with anger, domestic violence or post partum depression. The following organizations offer free support through experienced, understanding staff who will listen and help you.

[CHIMO Crisis Services](#)
[Family Services of Greater Vancouver](#)
[Ministry for Children and Family Development](#)
[Richmond Early Years Bridging Centre](#)
[Richmond Family Place](#)
[Richmond Food Bank](#)
[SUCCESS Chinese Help Line](#)
[Touchstone Family Association](#)

CHIMO Crisis Services

120 - 7000 Minoru Blvd
Richmond BC V6Y 3Z5

604-279-7077

Children's Counselling: Art and play therapy groups and individual counselling with qualified professionals support children and youth aged 4 to 18 who have witnessed violence at home. Includes counselling for parents.

Nova Transition House: A safe shelter for women and children who are fleeing family violence. Provides support, information and practical assistance.

Family Services of Greater Vancouver

250 - 7000 Minoru Blvd
Richmond BC V6Y 3Z5

604-279-7100

Provides professional counselling to families, couples, and individuals. Fees are based on a sliding scale according to your household income. Ask for the intake worker. Services are offered in English, Mandarin, and Cantonese.

Ministry for Children and Family Development

604-660-9260

Assists families to maintain or resume responsibility for their children; investigates and protects children from suffering neglect or abuse; provides adoptive services for relinquishing parents and children; and finds temporary residential and foster care for children in the care of the Superintendent of Family and Children's Services.

Richmond Early Years Bridging Centre

8660 Ash Street
Richmond BC V6Y 2S3

604-278-4336

Provides support for new and current refugee families living in Richmond with children up to 6 years of age. Support is available in Arabic, Spanish and English. Contact [Rekha](#) at 604 278 4336 for more information.

Richmond Family Place

8660 Ash Street
Richmond BC V6Y 2S3

604-278-4336

Offers confidential one-to-one parent support. Counselling for individual, couple and family issues is also offered at \$20/hour.

Richmond Food Bank

5800 Cedarbridge Way
Richmond BC

604-271-5609

Groceries are available weekly in a safe and confidential place for anyone who lives in Richmond and needs a little help. **Feed the Body, Feed the Mind** gives children healthy snack packs weekly and books three times a year. **Story Times** engage the children and encourage early reading, while their parents collect groceries. **Nutritious Recipes Demonstrations** give samples of simple and healthy recipes using seasonal vegetables and other foods that are available at the Food Bank. **Friends of Children Dairy Program** gives fresh milk, cheese, and eggs to children and nursing mothers.

SUCCESS Chinese Help Line

220 – 7000 Minoru Blvd.
Richmond BC V6Y 3Z5

604-279-7180

Provides information and emotional support in Cantonese and Mandarin. 7 days a week from 10:00 am to 10:00 pm.

Touchstone Family Association

120-6411 Buswell Street
Richmond BC V6Y 2G5

604-279-5599

The Family Preservation Program provides early intervention to help Richmond children, youth and families who have serious difficulties that could be resolved with expert help. The program includes family and individual counselling, crisis intervention, mediation, modeling and coaching of appropriate parenting, therapeutic play with children, and marriage therapy. Must be referred to this program by the Ministry of Children and Family Development. Call Richmond Intake Services at 604-660-1044.