



PROGRAMS FOR YOUNG PARENTS

[Kwantlen College Young Parents Program](#) [Richmond COLTS Program](#)

Kwantlen College Young Parents Program

*8771 Lansdowne Road
Richmond BC*

604-599-2794

Offers a transition to post-secondary, assisting young parents who want to resume their high school education, or begin college or university level courses. The Young Parents' program is offered at the Richmond Campus.

Richmond COLTS Program

*Richmond Senior Secondary
7171 Minoru Blvd.*

604-668-6400

604-279-7100

An education and daycare program for teen parents which allows them to complete their high school education. A program of Family Services of Greater Vancouver.

Richmond Food Bank

5800 Cedarbridge Way
Richmond BC

604-271-5609

Groceries are available weekly in a safe and confidential place for anyone who lives in Richmond and needs a little help. **Feed the Body, Feed the Mind** gives children healthy snack packs weekly and books three times a year. **Story Times** engage the children and encourage early reading, while their parents collect groceries. **Nutritious Recipes Demonstrations** give samples of simple and healthy recipes using seasonal vegetables and other foods that are available at the Food Bank. **Friends of Children Dairy Program** gives fresh milk, cheese, and eggs to children and nursing mothers.

SUCCESS Chinese Help Line

220 – 7000 Minoru Blvd.
Richmond BC V6Y 3Z5

604-279-7180

Provides information and emotional support in Cantonese and Mandarin. 7 days a week from 10:00 am to 10:00 pm.

Touchstone Family Association

120-6411 Buswell Street
Richmond BC V6Y 2G5

604-279-5599

The Family Preservation Program provides early intervention to help Richmond children, youth and families who have serious difficulties that could be resolved with expert help. The program includes family and individual counselling, crisis intervention, mediation, modeling and coaching of appropriate parenting, therapeutic play with children, and marriage therapy. Must be referred to this program by the Ministry of Children and Family Development. Call Richmond Intake Services at 604-660-1044.